

# Adult Volunteers

The opportunity to take part in the extensive range of cadet activities such as adventurous training, shooting, sailing and flying, often through the Services with equipment provided.

Opportunities for national and international travel.

Access to Service establishments and the facilities in Service messes where appropriate.

The social benefits of being part of the volunteer community in a highly-respected, structured national youth organisation.



I absolutely love being an adult volunteer with the RAF Air Cadets - I feel I'm helping others and at the same time there's so much for me - I can gain qualifications to help my future, meet loads of new friends and have fun!

*Flight Lieutenant Sophie Del Gaudio, Combined Cadet Force (RAF).*

# Adult Volunteers

For more information  
about joining the RAF  
Air Cadets

Call:  
0345 600 6601 or go to  
[www.raf.mod.uk/aircadets](http://www.raf.mod.uk/aircadets)

 Air Cadets

 @aircadets

The Benefits of  
being a Cadet  
Force Adult  
Volunteer

Cadet Force Adult Volunteers are the lifeblood of our cadet forces. Without your commitment and enthusiasm, the very real benefits of the 'cadet experience' could not be enjoyed by the many thousands of young people who choose to become cadets.

Of course, the reasons for volunteering are personal and varied, and often centred around family or community links to the cadet forces and the willingness to 'give something back'. For many, the reason they volunteer is to see young people grow in stature, expand their horizons, make positive life choices and be inspired to achieve things they never thought they could.

No tangible reward or benefit could ever compete with this, but there are some additional benefits to being a Cadet Force Adult Volunteer which sometimes get lost in the daily rush of work, home life and parade nights. Here we highlight some of these benefits so that they are recognised, and so that everyone knows what is available to them and can take advantage where appropriate.

## EXAMPLES ARE:

The prestige of being associated with the Armed Forces by wearing uniform, taking part in local and national events and ceremonies, and being part of the Armed Forces family.

The opportunity to gain nationally-recognised qualifications across a wide variety of activity such as first aid, adventurous training, leadership, sports and recreation.

Personal development through training and experience in skills such as leadership, management and communications, which can be of benefit in the workplace and to your career.

Volunteering with RAFAC improves me as a person and a professional. I gain a real sense of purpose in developing young people and at the same time am provided with a unique insight into what young people think and feel.

*Flight Lieutenant Graham Dodds -  
Air Training Corps*

In my day to day life I work for a catering company in Devon. As a volunteer I am thrilled to be giving back my many years of experience to the next generation of cadets. I will forever be grateful to the ATC for how it has helped me grow. I strongly encourage all, children and adults, to get involved, you won't regret it.

*Flt Sgt Bryony Parkinson of 13 (City of Exeter)  
Squadron, Devon & Somerset Wing*

For many, the privilege of a commission from Her Majesty the Queen, and eligibility for the Cadet Forces Medal and other awards to recognise your commitment over time.

The benefits of significant savings negotiated by the Defence Discount Service.

The free issue of Service uniform and equipment.

